

**AUBERGE SPA**  
**AT AUBERGE DU SOLEIL "The Inn of the Sun"**

**OVERVIEW:**

A natural extension of California wine country's most luxurious country inn, Auberge du Soleil. Built for the exclusive use of the inn's guests, Auberge Spa occupies a 7,000- square-foot building overlooking the Napa Valley. It embraces a nurturing philosophy embodied by a unique menu of body and facial treatments that utilize natural ingredients indigenous to the olive groves, valley, gardens and vineyards of the region. Because these ingredients are harvested daily, the menu of services they inspire changes on a seasonal basis to provide unique nourishment for the body and soul.

**LOCATION:**

Auberge Spa is nestled in the olive garden near the entrance to Auberge du Soleil's 33-acre grounds on the slopes of Rutherford Hill, in the eastern verge of the Napa Valley. Just off the Silverado Trail on the outskirts of the winemaking town of Rutherford, the inn is just 65 miles north of San Francisco, an hour-and-a-half drive from the Golden Gate Bridge.

**DESCRIPTION:**

The philosophy of Auberge Spa was carefully integrated into the design of a structure that offers each guest an opportunity to reconnect with themselves, each other and nature in an intimate environment. Anchored by a central courtyard punctuated by fountains and 100-year-old olive trees, the spa reflects the French country inn charm and elegant simplicity of Auberge du Soleil.

Eight treatment rooms, including three designed specifically for couples, surround the courtyard, each bathed in natural light streaming through French doors that lead to a private patio with outdoor shower or tub. The **Mélisse Suite**, specifically designed as a luxury couples room with breathtaking views of the valley below, it features a fireplace and private outdoor space with a soaking tub where guests may enjoy relaxing and sunbathing *au naturel*. This suite is also an ideal retreat for intimate gatherings such as birthdays, anniversaries, weddings and relaxed private celebrations, where guests can rotate through a series of treatments while sipping Napa sparkling wine.

Entering the spa courtyard, guests pass the natural source for its three springs showcased in artfully landscaped outdoor pools – one cold, one hot and a stunning, warm infinity spring that appears to melt into the verdant valley. All are an integral part of the experience, intended to encourage a reconnection to nature and spirit.

**LA PAGODE**

Tucked under the trees in a hillside vineyard beside a bubbling brook, the freestanding **La Pagode** is a shaded Asian-style pavilion that offers a serene space for holistic spa experiences, couples treatments, private meditation and movement classes.

**TREATMENT  
PHILOSOPHY:**

Dedicated to creating a balance between the bounty of the Napa Valley with the latest skin care research and philosophy. Each day, fresh ingredients are gathered from the spa’s dedicated on-site garden, and from other sources in the Valley, and skillfully prepared to provide the basis for a seasonal menu of innovative treatments, defined by four distinct categories as they relate to the region.

**TREATMENT  
CATEGORIES:**

**The Valley**

Based upon mud and minerals, the healing properties of which drew people to the Napa Valley long before its vineyards. Their anti-inflammatory qualities and re-mineralization restores cellular balance.

**The Grove**

Based upon olive oil, which has been proven to contain exceptionally high levels of squalene, a valuable ingredient in anti-wrinkle preparations. Squalene has the ability to penetrate deeply into the skin because of its perfectly defined molecular structure. Auberge Spa blends the finest olive oils to take advantage of squalene’s excellent emollient and moisturizing properties to promote soft, silky skin.

**The Garden**

Based upon herbs and flowers, which grow abundantly in the fertile gardens and on the hillsides of the Napa Valley. Freshly harvested herbs and flowers will be used in concert with essential oils for the skin and nourishment for the body and mind.

**The Vineyard**

Based upon grapes; very few skin care ingredients can boast the impressive array of benefits that grape seeds possess. They have the highest concentration of antioxidants, 20 times stronger than vitamin C and 50 times more potent than vitamin E. Grape seed polyphenols are scavengers that seek out damaging free radicals, which attack the skin and accelerate aging. These miracle seeds stimulate collagen synthesis and can reverse signs of aging.

Each of the four categories includes: massage, facial, exfoliation, masque and wrap, foot therapy and hair and scalp treatment.

**SPA WINE PAIRING**

Just as wine complements food for a memorable dining experience, the right wine can complement the notes and fragrances of spa treatments, creating an unforgettable sensory experience. With this in mind, Auberge du Soleil’s sommelier and spa director collaborated to create the spa’s signature wine pairing experience. Guests are offered a complimentary glass of wine and are invited to savor the aromas of the treatment’s botanical ingredients. The sommelier’s accompanying tasting notes discuss the features of the wine and why it was selected to complement the particular treatment.

**PRODUCTS:**

Treatments incorporate a blend of high-performing and botanical-based product lines, including ESPA, Eminence Biodynamic and Carita products for facials. The Vineyard treatments use NV Organics, which use grape seeds from 42 different Napa Valley wineries. ESPA aromatherapy bath and body oils, muds and minerals inspire much of the treatment menu in combination with the abundant natural resources that surround the property.

**ADDRESS:**

180 Rutherford Hill Road  
Rutherford, CA 94573

**WEB SITE:**

[www.aubergedusoleil.com](http://www.aubergedusoleil.com)

**RESERVATIONS:**

800-348-5406 or 707-963-1211 or fax 707-963-8764.

**SPA DIRECTOR:**

Amy Wilson-Moghina

**ARCHITECTS:**

Walker & Moody Architects, San Francisco  
Sandy Walker, Aldo Torigo, Ben Ferall  
Landscape: Steven R. Arns  
General Contractor: Frank Borges, Jr.

**AFFILIATION:**

Auberge Resorts is a collection of exceptional hotels, resorts and private clubs, each with a unique personality that assures a memorable guest experience. Among the distinctive properties are Auberge du Soleil, Napa Valley; Esperanza, Cabo San Lucas; Calistoga Ranch, Napa Valley; The Inn at Palmetto Bluff, South Carolina; Encantado, Santa Fe; Rancho Valencia Resort and Spa, Rancho Santa Fe, Calif, with several others currently in development. While Auberge Resorts nurtures the individuality of each establishment, all are characterized by a set of communal elements: intimate, understated elegance; captivating locations that inspire exceptional cuisine and spa experiences; and gracious yet unobtrusive service. For more information about Auberge Resorts, please visit [www.aubergeresorts.com](http://www.aubergeresorts.com).

Auberge du Soleil is also a member of Relais & Châteaux, the prestigious global hospitality association of intimate, elegant and independently owned hotels and acclaimed restaurants. Founded in 1954 in France, the association is comprised of 480 luxurious establishments in 56 countries.

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